**Academy Notes: Benchmark for all Field Umpires in 2018**

**Spirit of the laws**

* Contest for the ball
* Tackling the player in possession
* Ruck contest
* Marking contest
* 50m Penalty

**Umpires to explain and execute** the rules fairly, consistently and effectively.

**Basics of Field Umpiring…………**

**Role** of the umpire is to

* Adjudicate fairly
* Protect the ball player
* Attend to the match day paperwork
* Just not perform OK
* Not leaving a mess behind
* Don’t let go
* Don’t Influence the result

**How** is the above going to be obtained?

* Strong presence by voice and action
* Good communication skills
* Get to the right position 20 to 25 side on to play
* Creating space and movement
* Paying the major and obvious free kicks
* Consistent decision making
* Staying calm and composed
* Working as a team
* Bringing great effort
* Enjoyment and respect